

COUNTY WARM-UP & START TIMES

				Warm-up	Sign-in closes	Start time
Block A	Session 1	14 th Feb	Mixed	7.00-7.20pm	7.10pm	7.30pm
	Session 2	15 th Feb	15+ mixed	1.00-1.20pm	1.50pm	2.10pm
			9-14 girls	1.20-1.40pm		
			9-14 boys	1.40-2.00pm		
	Session 3	16 th Feb	15+ mixed	8.00-8.20am	8.40am	9.05am
			9-14 girls	8.20-8.40am		
			9-14 boys	8.40-9.00am		
	Session 4	16 th Feb	9-14 girls	1.30-1.50pm	2.10pm	2.35pm
			15+ mixed	1.50-2.10pm		
			9-14 boys	2.10-2.30pm		
Block B	Session 5	15 th Mar	Mixed	5.00-5.20pm	5.10pm	5.30pm
	Session 6	16 th Mar	Mixed	4.00-4.20pm	4.10pm	4.30pm
Block C	Session 7	28 th Mar	Mixed	7.00-7.20pm	7.10pm	7.30pm
	Session 8	29 th Mar	15+ mixed	1.00-1.20pm	1.50pm	2.10pm
			9-14 boys	1.20-1.40pm		
			9-14 girls	1.40-2.00pm		
	Session 9	30 th Mar	15+ mixed	8.00-8.20am	8.40am	9.05am
			9-14 boys	8.20-8.40am		
			9-14 girls	8.40-9.00am		
	Session 10	30 th Mar	9-14 boys	1.30-1.50pm	2.10pm	2.35pm
			15+ mixed	1.50-2.10pm		
			9-14 girls	2.10-2.30pm		