

Norfolk County ASA *Swimability* GALA 2018

Riverside Leisure Centre Norwich
Saturday 7th July 2018 – Warm up 6.00pm

RELAY ENTRY FORM

Name of Club.....

Please tick if you wish to enter the relay events

4 x 25 m Medley Relay – Open - Mixed Gender	
4 x 25m Freestyle Relay – Open - Mixed Gender	

There is no charge for relay entries – trophies will be awarded to winners