# Norfolk County ASA *Swimability* Gala 2018 – ENTRY FORM

Riverside Leisure Centre, Wherry Road, Norwich NR1 1WX – Saturday 7th July 2018 – Warm up 6.00pm

Name of Club _____

| | | | |
|---|---|---|---|
| First Name: | Surname: | | |
| Telephone no: | Date of Birth: | M | F |
| Address:<br><br>Email: | | | |
| Nature of disability: | | | |
| British Swimming / IPC Classification (if applicable) | | | |
| Do you require the use of a hoist? Yes/No | Do you require an outside lane? Yes/No | | |
| Do you have Epilepsy? Yes/No<br>If Yes - Spotters Name Required | | | |

| **Event** | **Entry Time** | **Event** | **Entry Time** | **Event** | **Entry Time** |
|---|---|---|---|---|---|
| 25m Freestyle | | 50m Freestyle | | 100m Freestyle | |
| 25m Backstroke | | 50m Backstroke | | 100m Backstroke | |
| 25m Breaststroke | | 50m Breaststroke | | 100m Breaststroke | |
| 25m Butterfly | | 50m Butterfly | | 100m Butterfly | |
| | | | | 100m Individual Medley | |

- **Swimmers may enter 4 individual events plus relays**
- **The promoter has the right to restrict entries due to health and safety issues or overall timing**

Signature of competitor/parent guardian of competitor under 18 yrs of age _____

Number of entries on this form……..@ £2.00 each race £…….. enclosed.

***Entries* BY FRIDAY 29th June 2018 *to:***

***Anthony Moore - Boarded Barn Farm, Ormesby St. Margaret, Great Yarmouth, Norfolk, NR29 3QH***

***Email: anthony.paola@btopenworld.com***

***Cheques made payable to Norfolk County ASA, please E-mail for BACS details***