

Runnymede AGM 2019 – Disability Officer's Report

We have made progress this year organising the squad into 3 groups based upon their ability and the amount of swimming they want to do. We are now able to offer the stronger swimmers three sessions a week (Saturday, Tuesday night & Friday night); we've created space for the intermediate group Saturday from 1-2pm, and manage to continue to carry out more stroke work in the small pool on a Tuesday nights. This has allowed us to structure the fees more sensibly. Whilst a number of swimmers have now moved from SwimAbility to masters to create extra space.

None of this would be possible without the support from the coaching staff. Andy now runs the Tuesday night and Friday night session, and we have plenty of cover for Saturdays - which gives us increased flexibility. SO I would like to thank Naomi, Luke & Shelley as well for their support.

I also think we all need to thank Lorraine Ryan for all of the hard work that she puts into helping organise all of the swimmers for Gala's and times etc, for Julie who has helped with the registers, and again Andy who has attended lots of the gala's this year either in his capacity in the club or Special Olympics.

Probably highlight for the year was the trip to Germany, where we managed to take most of the squad thanks to Lions. It was a huge success not only in terms of Runnymede winning the event, but I would say in independence for many of the swimmers. They all thoroughly enjoyed it, and it looks like it could become an annual event for SwimAbility.

Charlotte & Stephane have made progress again this year through sheer perseverance. They are marginal gains - but they keep going which inspires the rest of the swimmers.

If you have any questions or would like to know more or would like to be involved with disability swimming, please do get in touch.

Russell Pagan
Disability Officer
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