BLOCK A
BASILDON SPORTING VILLAGE
17/18/19 JAN

SESSION 1
BASILDON SPORTING VILLAGE
17TH JANUARY 2020
WARM UP 5.30PM

- BOYS / GIRLS 12/OVER 1500 F/S

SESSION 4
BASILDON SPORTING VILLAGE
19TH JANUARY 2020

- BOYS 10/14 100 BUTTERFLY
- GIRLS 10/14 200 BREASTSTROKE
- BOYS 15/OV 200 BUTTERFLY
- BOYS 10/14 200 BACKSTROKE
- GIRLS 15/OV 200 IM

FINALS

- BOYS 10/14 100 BUTTERFLY
- GIRLS 11/12 MEDLEY RELAY
- GIRLS 13/14 MEDLEY RELAY

SESSION 2
BASILDON SPORTING VILLAGE
18TH JANUARY 2020

- BOYS 10/14 100 BACKSTOKE
- BOYS 15/OV 100 BACKSTOKE
- GIRLS 12/14 400 IM
- GIRLS 15/OV 400 IM

FINALS

- BOYS 10/14 100 BACKSTOKE
- BOYS 15/OV 100 BACKSTOKE

SESSION 5
BASILDON SPORTING VILLAGE
19TH JANUARY 2020

- BOYS 15/OV 100 BUTTERFLY
- GIRLS 15/OV 200 BREASTSTROKE
- GIRLS 10/14 200 BUTTERFLY
- BOYS 15/OV 200 FREESTYLE
- BOYS 10/14 200 IM

FINALS

- BOYS 15/OV 100 BUTTERFLY
- GIRLS 11/12 FREESTYLE RELAY
- BOYS 15/OVER MEDLEY RELAY

SESSION 3

- GIRLS 10/14 100 BREASTSTROKE
- GIRLS 15/OV 100 BREASTSTROKE
- BOYS 10/14 200 FREESTYLE
- BOYS 15/OV 200 BACKSTROKE

FINALS

- GIRLS 10/14 100 BREASTSTROKE
- GIRLS 15/OV 100 BREASTSTROKE

BLOCK B
LONDON AQUATIC CENTRE / BASILDON SPORTING VILLAGE
1ST / 2ND FEBUARY 2020

LONDON AQUATIC CENTRE
1ST FEBRUARY 2020
SESSION 6

- GIRLS 9/10 MEDLEY RELAY
- BOYS 9/10 FREESTYLE RELAY
- BOYS 15/OV 50 FREESTYLE
- GIRLS 10/14 50 FREESTYLE
- BOYS 10/14 50 BACKSTROKE
- GIRLS 15/OV50 BUTTERFLY
- PRESENTATION FOR RELAYS
- BOYS 15/OV 50 BREASTSTROKE
- GIRLS 10/14 50 BREASTSTROKE
- BOYS 10/14 50 BUTTERFLY
- GIRLS 15/OV 50 BACKSTROKE

FINALS

- BOYS 15/OV 50 FREESTYLE
- GIRLS 10/14 50 FREESTYLE
- BOYS 10/14 50 BACKSTROKE
- GIRLS 15/OV50 BUTTERFLY
- BOYS 15/OV 50 BREASTSTROKE
- GIRLS 10/14 50 BREASTSTROKE
- BOYS 10/14 50 BUTTERFLY
- GIRLS 15/OV 50 BACKSTROKE

LONDON AQUATIC CENTRE
1ST FEBRUARY 2020
SESSION 7

- GIRLS 9/10 FEESTYLE RELAY
- BOYS 9/10 MEDLEY RELAY
- GIRLS 15/OV 50 FREESTYLE
- BOYS 10/14 50 FREESTYLE
- GIRLS 10/14 50 BACKSTROKE
- BOYS 15/OV 50 BUTTERFLY
- PRESENTATION FOR RELAYS
- GIRLS 15/OV 50 BREASTSTROKE
- BOYS 10/14 50 BREASTSTROKE
- GIRLS 10/14 50 BUTTERFLY
- BOYS 15/OV 50 BACKSTROKE

FINALS

- GIRLS 15/OV 50 FREESTYLE
- BOYS 10/14 50 FREESTYLE
- GIRLS 10/14 50 BACKSTROKE
- BOYS 15/OV 50 BUTTERFLY
- GIRLS 15/OV 50 BREASTSTROKE
- BOYS 10/14 50 BREASTSTROKE
- GIRLS 10/14 50 BUTTERFLY
- BOYS 15/OV 50 BACKSTROKE

	RELAYS
	BOYS 15/OV
	GIRLS 15/OV
	BOYS 10/14
	GIRLS 10/14

BASILDON SPORTING VILLAGE
2ND FEBUARY 2020
SESSION 8

- BOYS 10/14 100 FREESTYLE
- BOYS 15/OV 100 FREESTYLE
- GIRLS 10/14 400 FREESTYLE
- GIRLS 15/OV 400 FREESTYLE

FINALS

- BOYS 10/14 100 FREESTYLE
- BOYS 15/OV 100 FREESTYLE
- GIRLS 15/OVER FREESTYLE RELAY
- GIRLS 13/14 FREESTYLE RELAY

SESSION 9

- GIRLS 10/14 100 FREESTYLE
- GIRLS 15/OV 100 FREESTYLE
- BOYS 10/14 400 FREESTYLE
- BOYS 15/OV 400 FREESTYLE

FINALS

- GIRLS 10/14 100 FREESTYLE
- GIRLS 15/OV 100 FREESTYLE
- BOYS 15/OVER FREESTYLE RELAY
- BOYS 13/14 FREESTYLE RELAY

BLOCK C
BASILDON SPORTING VILLAGE
14/15/16 FEBUARY 2020

BASILDON SPORTING VILLAGE
14TH FEBRUARY 2020
SESSION 10
WARM UP 5.30PM

- BOYS/ GIRLS 12/OVER 800M F/S

BASILDON SPORTING VILLAGE
16TH FEBRUARY 2020
SESSION 13

- GIRLS 10/14 100 BUTTERFLY
- BOYS 10/14 200 BREASTSTROKE
- GIRLS 15/OV 200 BUTTERFLY
- GIRLS 10/14 200 BACKSTROKE
- BOYS 15/OV 200 IM

FINALS

- GIRLS 10/14 100 BUTTERFLY
- BOYS 11/12 MEDLEY RELAY
- BOYS 13/14 MEDLEY RELAY

BASILDON SPORTING VILLAGE
15TH FEBRUARY 2020
SESSION 11

- GIRLS 10/14 100 BACKSTOKE
- GIRLS 15/OV 100 BACKSTOKE
- BOYS 12/14 400 IM
- BOYS 15/OV 400 IM

FINALS

- GIRLS 10/14 100 BACKSTOKE
- GIRLS 15/OV 100 BACKSTOKE

SESSION 12

- BOYS 10/14 100 BREASTSTROKE
- BOYS 15/OV 100 BREASTSTROKE
- GIRLS 10/14 200 FREESTYLE
- GIRLS 15/OV 200 BACKSTROKE

FINALS

- BOYS 10/14 100 BREASTSTROKE
- BOYS 15/OV 100 BREASTSTROKE

BASILDON SPORTING VILLAGE
16TH FEBRUARY 2020
SESSION 14

- GIRLS 15/OV 100 BUTTERFLY
- BOYS 15/OV 200 BREASTSTROKE
- BOYS 10/14 200 BUTTERFLY
- GIRLS 15/OV 200 FREESTYLE
- GIRLS 10/14 200 IM

FINALS

- GIRLS 15/OV 100 BUTTERFLY
- BOYS 11/12 FREESTYLE RELAY
- GIRLS 15/OVER MEDLEY RELAY

ONLY 1 RELAY TEAM IS PERMITTED PER CLUB PER EVENT